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To find out if the CMCS is the right option for you and your family – attend an Information Session:

Every Monday in the Calvary Birth Centre 5-6pm.

Located within the Maternity unit  
Level 3

Marion building  
Cnr of Hayden Drive and Belconnen Way.

Further information:

Please Contact the Calvary Birth Centre:  
Office hours 930am-5pm  
62647062



Calvary Health Care ACT operates Calvary Hospital, Clare Holland House, and Calvary Private Hospital.

We are owned by Little Company of Mary Health Care, and through that organisation we have access to the best possible practices and contemporary thinking around patient centred care.

We value your experiences and ideas about how we can provide better care.

Please contact our Patient Liaison Officer on 6201 6484 or email your comments to [info@calvary-act.com.au](mailto:info@calvary-act.com.au)



## Continuity of Midwifery Care Service (CMCS)

### Calvary Birth Centre



A midwifery-led service  
Working in partnership with women

The new Calvary Birth Centre offers woman centred care in a friendly, supportive environment.

The CMCS is ideal for women who desire an active birth and natural pain relief, with minimal intervention.

Women have the opportunity to get to know their midwife as she follows them through the pregnancy, birth and early parenting journey.



Care is flexible with appointments in the home, the community or within the Birth Centre.

Women and their families are supported to develop confidence in their ability to grow their baby, give birth and become parents.

Healthy women are eligible to enrol in the CMCS.

The CMCS is not recommended for women who:

- Have had a previous Caesarean section
- Have other underlying medical conditions
- Have a Body Mass Index greater than 35%
- Have had previous pregnancy or birth complications
- Are having twins
- Live outside the ACT



The Calvary Birth Centre has been designed to provide a calming supportive environment including easy access to water via shower and large spacious baths. Birth in water is currently not offered at Calvary.

